



# COVID-19 SCREENING QUESTIONS

**Before arriving at the studio, you MUST screen yourself with the following questions:**

Do you have a fever (temperature over 100.4° or 38° C) without having taken any fever-reducing medications?

Have you experienced new, unexplained, respiratory symptoms such as runny nose, nasal congestion, sore throat, cough, or shortness of breath within the last two weeks?

Do you have a loss of smell or taste?

Have you experienced new, unexplained, general body symptoms such as muscle aches, chills, and severe fatigue?

Do you have an unexplained headache?

Have you experienced any new, unexplained gastrointestinal symptoms such as nausea, vomiting, diarrhea, or loss of appetite in the last few days?

Have you, or anyone you have been in close contact with, been diagnosed with COVID-19 or placed in quarantine for possible exposure to COVID-19 within the last two weeks?

Have you been asked to self isolate or quarantine by a medical professional or a local public health official in the last two weeks?

Have you traveled in the prior 14 days outside of New Hampshire, Vermont, Maine, Massachusetts, Connecticut, or Rhode Island?

**If you have answered YES to any of these questions, you MUST STAY HOME.**

*Please refer to our Covid-19 Protocol Flow Chart to know your next steps.*